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# Технические характеристики на велотренажеры компании **GYMSTICK**

## IC 3.0 Exercise Bike



Gymstick IC 3.0 is an elegant exercise bike with fine details designed for home training. IC 3.0 has 16 resistance levels and 12 preset training programs. Diverse training programs ensure effective and inspiring training sessions. Computer driven magnetic resistance with 5kg flywheel provide a smooth and pleasant workout. Comfortable and adjustable saddle allows good seating position. Indoor cycling effectively develop cardiovascular fitness and tones your muscles.

### Product Details:

- Computer driven magnetic resistance
- 5kg flywheel
- Power supply: mains powered
- LCD display with blue backlight
- 16 levels of resistance and 12 preset programs
- Computer functions: time, distance, speed, calories and pulse
- Hand pulse sensors
- Seat adjustments: horizontal, height and tilt
- Handle bar adjustment: tilt
- Integrated transportation wheel.

### Technical information

SKU EB-IC3.0

EAN 6430016906043

Size (cm) 79,5 x 52 x 137,5

Weight (kg) 24

Materials Steel, PP, Iron, Nylon and PU

### Additional information

Max. User (kg) 100

Includes Manual and Parts for assembly

### Product package

Package (cm) 60 x 73 x 28,5

Package (kg) 25,5

## Pro Bike 50 (black)



Pro Bike 50 is professional level high quality exercise bike that provides performance and smoothness for training. Well cushioned adjustable saddle together with a built-in fan brings comfort for longer training sessions. Large easy to use console offers wide selection of different training program. Numerous programs and resistance levels motivates and creates diversity for training. Mains power is not required for using Pro Bike 50 thanks to its built-in generator. The bike is free to be placed where mains power is not available.

### Product Details:

- Computer driven magnetic resistance
- Power supply: own generator (no mains power required)
- 40 resistance levels
- 13,5kg flywheel
- LED display with easy to use buttons and a cooling fan
- Computer functions: time, distance, speed, calories, fat% and watt
- Programs: 2 Heart rate, Hill, Fat Burn, Cardio, Strength, Interval, Custom, Fit Test, Manual Time, Distance and Calories
- Hand pulse sensors and telemetric heart rate
- Seat adjustments: horizontal, height and tilt
- Integrated transportation wheels.

### Technical information

SKU PRO BIKE 50B

EAN 6430016907255

Size (cm) 109 x 56 x 137

Weight (kg) 52

Materials Steel, Iron, PU, PP, PVC and Nylon

### Additional information

Max. User (kg) 200

Includes Manual and Parts for assembly

### Product package

Package (cm) 114 x 49 x 76

Package (kg) 60

## FTR Indoor Racer



FTR Indoor Racer brings performance and style for home training. 18kg flywheel with quiet belt drive provides a comfortable training session. FTR Indoor Racer is ideal for fitness enthusiasts who want to enjoy the full benefits of the spin bike compared to the traditional exercise bike. The effective driving position of a racing bike, sturdy frame, two-way pedalling and with variable handle bar enables effective training throughout the year. Easy to use computer provides all the needed feedback of the training and motivates to practice more often. The computer is compatible with 5kHz heart rate belts.

### Product Details:

- Manual micro-adjustable resistance
- 18kg flywheel with direct belt drive
- 3pcs chromed crank
- Emergency brake
- Easy to use LCD display (battery powered)
- Computer functions: time, distance, speed, calories, pulse and scan
- Computer is compatible with 5kHz hear rate belts (heart rate belt not included)
- Seat adjustments: horizontal, height and tilt
- Handle bar adjustment: height, horizontal (with quick release)
- Integrated transportation wheels.

### Technical information

SKU SB-FTR

EAN 6430016905794

Size (cm) 123 x 54 x 115

Weight (kg) 42

Materials Steel, PP, Iron and PU

### Additional information

Note Aluminium pedals with foot straps.

Includes Manual and Parts for assembly

### Product package

Package (cm) 103 x 82,5 x 20,5

Package (kg) 43,5

## Pro FTR Indoor Racer



Pro FTR is extremely sturdy and stylish bike for demanding spinning workouts. This professional level bike satisfies the training needs also for the most demanding home training enthusiastic. 22kg flywheel together with belt drive guarantees a very smooth trajectory and certainly sufficient resistance. Multiple adjustment possibilities offer each user the optimum driving position. Double access pedals and anatomically shaped gel saddle ensures a comfortable and effective workout. Easy-to-reach emergency brake for secure training.

### Product Details:

- Manual micro-adjustable resistance
- Heavy duty commercial quality steel frame
- 22kg flywheel with direct belt drive
- 3pcs crank
- Anatomically shaped gel saddle
- Double access pedals (SPD and toe strap)
- Emergency brake
- Seat adjustments: horizontal, height and tilt (with quick release)
- Handle bar adjustment: height, horizontal (with quick release)
- Integrated transportation wheels.

### Technical information

SKU SB-PROFTR

EAN 6430016905800

Size (cm) 122 x 61 x 118

Weight (kg) 70,5

Materials Steel, PP, Iron and PU

### Additional information

Max. User (kg) 150

Includes Manual and Parts for assembly

### Product package

Package (cm) 114 x 28x 95

Package (kg) 77

## Crank Bike X4



Gymstick Crank Bike X4 is the first home exercise bike, which also includes pedals for hands. Crank Bike can be used like conventional exercise bike but in addition it allows you to pedal at the same time with both legs and hands. Training with Crank Bike can be up to 40% more efficient compared to normal indoor cycling.

Training with Crank Bike allows completely a new way to build aerobic capacity. When pedaling at the same time with your feet and hands the muscular endurance will improve comprehensively, abdominal muscle will strengthen and also more calories will be burned. You can also pedal with just hands and by doing that improve your upper body muscle condition as well as the metabolism in the neck and shoulder area. Crank Bike X4 exercise bike is suitable for all target groups. If you want a comprehensive and effective aerobic workout choose Crank Bike X4!

### Product Details:

- Manual magnetic resistance for legs and manual resistance for arms
- 8 manual resistance levels
- 5 kg flywheel
- Power supply: batteries
- Computer with LCD display
- Computer functions for legs: speed, time, distance, calories, odo and pulse
- Computer functions for arms: time, reps, calories and scan
- Hand pulse sensors
- Seat adjustments: horizontal, height and tilt.

### Technical information

SKU X4

EAN 6430016904117

Size (cm) 90 x 53 x 148

Weight (kg) 25,7

Materials Steel, PP, Iron, Nylon and PU

### Additional information

Max. User (kg) 110

Includes Manual and Parts for assembly

### Product package

Package (cm) 89,5 x 60,5 x 25,5

Package (kg) 27,5

## Vapor Bike 10.0



Vapor Bike is designed for the commercial use. The heavy-gauge steel frame and smooth high-end flywheel create the perfect base. The console offers multiple programs and 16 levels of resistance which is enough feedback information to make sure your clients never grow bored. The multi-grip handlebar, along with precision pin-locking seat mechanism, assures your client an extra-comfortable workout.

RESISTANCE TYPE: Motorized magnetic

TRANSMISSION TYPE: V-Belt

FLYWHEEL: 7 KG (260 mm)

POWER SUPPLY: Generator

MAXIMUM WATT: 300 Watt

MAXIMUM USER WEIGHT: 140kg

PRODUCT SIZE / WEIGHT: 104,5 x 56 x 152 CM / 45 KG

CONSOLE: LED matrix (5 led)

CONSOLE FUNCTIONS:

Time, Speed, RPM, Distance, Pulse, Calories, Watt, Recovery

PROGRAMS:

Preset program x 12, HRC x 4, Manual x 1, User x 4, Goal x 3, Watt, Recovery x 1

-Heart rate telemetric (wireless receiver 5kHz) and Contact

-Super sturdy steel frame

-Ergo seat, self-balancing pedals, transport wheels in front.

Technical information

SKU EB-PRO10.0

EAN 6430062513622

Size (cm) 104,5 x 56 x 152

Weight (kg) 45

Materials Steel, PP, Iron, Rubber and PU

Additional information

Max. User (kg) 140

Includes Manual and installation parts

## Shark Exercise Bike



Stylish Shark Exercise Bike fulfills all the basic needs for home fitness. Compact machine can effortlessly be transported from room to room so you can train wherever you want. Manual resistance and sturdy frame enable safe and quiet workout session. Handy computer allows you to follow time, speed, distance, calories and pulse while training. 8 level manual resistance offers good resistance for pleasant but effective training. Get fitter and healthier with Shark Exercise Bike.

Operating environment: Home

Resistance type: Manual magnetic

Crank and Power supply: 1 pcs. / batteries (2xAAA)

Flywheel set: app. 4 kg, one-way bearing

Maximum user weight: 100kg

Product size and weight: 84 x 55 x 126 CM / 18 KG

Computer: LCD-window

Computer functions: Time, distance, speed, calories and pulse

Ergonomics and other: Seat adjustments: height. Tilt adjustment for handle bar.

Integrated transportation wheels in front

Certifications: CE, RoHS and EN-957.

### Technical information

SKU EB-SHARK

EAN 6430016905572

Size (cm) 84 x 55 x 126

Weight (kg) 18.0

### Additional information

Max. User (kg) 100

Includes Manual and Parts for assembly

### Product package

Package (cm) 60 x 25 x 52

Package (kg) 21.5



## GB8.0 Exercise Bike



Gymstick GB 8.0 has been developed for the active home user for the purpose of goal-oriented and motivational training. The stunning Gymstick design is combining a modern athletic look with an elegant dark matte finish. The 9kg flywheel gives a very soft and responsive cycling feel, and its magnetic motor-controlled 32-level resistor system offers just the right resistance when you need it. If versatile programs are not enough, you can use the Bluetooth connection to connect your GB 8.0 exercise bike to a number of applications, like I-Console and Kinomapp apps. Sturdy tablet holder allows you to watch your favorite shows or use apps during your workout.

- Flywheel weight 9kg, one-way bearing
- Computer magnetic
- LCD monitor with blue backlight
- Bluetooth receiver
- Functions: Time, speed, distance, calories, watt, pulse and scan
- App function: Zwift, Iconsole, Kinomap
- Seat adjustments: horizontal, height and tilt.
- Tilt adjustment for handle bar.
- Transportation wheels in front
- Maximum user weight 135kg.

### Technical information

SKU EB-GB8.0

EAN 6430062514056

Size (cm) 110 x 65 x 150

Weight (kg) 41,5

Materials Steel, PP, Iron, Rubber and PU

### Additional information

Max. User (kg) 135

Includes Manual and installation parts

### Product package

Package (cm) 113 x 32 x 77

Package (kg) 51

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