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Брянск (4832)59-03-52
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Киров (8332)68-02-04
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Технические характеристики на тренажеры для кросс-тренинга компании **GYMSTICK**

FTR 90 Crosstrainer



FTR 90 crosstrainer represents top quality and performance for home fitness. Long 46 cm stride together with a large front wheel driven flywheel ensure a smooth and effective training sessions. Very robust frame and a computer-controlled magnetic resistance offer ease of use and long life. 15 preset workout programs and refreshing built-in fan inspire to achieve your goals.

The elliptical trajectory of crosstrainer provides a smooth training session, which is quite similar to walking and running. Training activates both upper and lower body muscle groups and effectively develop cardiovascular fitness and tones your muscles.

Product Details:

- Computer driven magnetic resistance
- 10,5kg flywheel
- 46cm stride length
- Power supply: mains powered
- LCD display with blue backlight and built-in fan
- Computer functions: time, distance, speed, calories, fat%, watt, recovery pulse and scan
- Programs: 12 preset programs, H.R.C. program and user program
- Hand pulse sensors
- Integrated transportation wheels with floor leveller.

Technical information

SKU CT-90FTR

EAN 6430016907842

Size (cm) 158 x 54,5 x 161

Weight (kg) 70

Materials Steel, PP, Iron, Rubber and PU

Additional information

Max. User (kg) 130

Includes Manual and Parts for assembly

Product package

Package (cm) 152 x 59 x 77,5

Package (kg) 80

IC 3.0 Crosstrainer



Gymstick IC 3.0 is an elegant crosstrainer with fine details designed for home training. IC 3.0 has 16 resistance levels and 12 preset training programs. Diverse training programs ensure effective and inspiring training sessions. Computer driven magnetic resistance with 5kg flywheel provide a smooth and pleasant workout.

The elliptical trajectory of crosstrainer provides a smooth training session, which is quite similar to walking and running. Training activates both upper and lower body muscle groups and effectively develop cardiovascular fitness and tones your muscles.

Product Details:

- Computer driven magnetic resistance
- 5kg flywheel
- Power supply: mains powered
- 16 levels of resistance and 12 preset programs
- LCD display with blue backlight
- Computer functions: time, distance, speed, calories and pulse
- Hand pulse sensors
- Integrated transportation wheels.

Technical information

SKU CT-IC3.0

EAN 6430016906050

Size (cm) 111 x 58 x 158

Weight (kg) 32

Materials Steel, PP, Iron, Nylon and PU

Additional information

Max. User (kg) 100

Note Stride length 33cm

Includes Manual and Parts for assembly

Product package

Package (cm) 103 x 26 x 59

Package (kg) 34

Shark Crosstrainer



Stylish Shark Crosstrainer Bike fulfills all the basic needs for home fitness. Compact machine can effortlessly be transported from room to room so you can train wherever you want. Manual resistance and sturdy frame enable safe and quiet workout session. Handy computer allows you to follow time, speed, distance, calories and pulse while training. 8 level manual resistance offers good resistance for pleasant but effective training. Get fitter and healthier with Shark Crosstrainer.

Operating environment: Home

Resistance type: Manual magnetic

Crank and Power supply: 1 pcs. / batteries (2xAAA)

Flywheel set: app. 4 kg, one-way bearing

Maximum user weight: 100kg

Product size and weight: 115 x 53 x 151 CM / 27,5 KG

Computer: LCD-window

Computer functions: Time, distance, speed, calories and pulse

Ergonomics and other: Seat adjustments: height. Tilt adjustment for handle bar.

Integrated transportation wheels in front

Certifications: CE, RoHS and EN-957.

Technical information

SKU CT-SHARK

EAN 6430016905589

Size (cm) 115 x 53 x 151

Weight (kg) 27.5

Additional information

Max. User (kg) 100

Includes Manual and Parts for assembly

Product package

Package (cm) 90 x 25 x 52

Package (kg) 31.0

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