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www.gymstick.nt-rt.ru | | gmy@nt-rt.ru

Технические характеристики на степ-доски компании **GYMSTICK**

Aerobic Stepper



With stable and brightly colored Aerobic Stepper you train safely at home. Step board is a great tool to bring power and versatility in your training. It helps you train harder and keep your heart rate higher during the exercise. It may also be combined conveniently with pump exercise or dumbbell workout. Step bench surface is roughened, so it provides a good grip. Board height is easily adjustable to three different heights (12, 17 and 22cm).

Technical information

SKU 62054

EAN 6430016902496

Size (cm) 63 x 25 x 12

Weight (kg) 2,9

Materials PP and TPR

Additional information

Max. User (kg) 100

Note Three heights 12, 17 ja 22cm

Includes Exercise chart and Link for Online training video

Product package

Package (cm) 71,5 x 29 x 13

Package (kg) 3,5

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 73,5 x 55 x 31,5

Wholesale package (kg) 14,5

Wholesale package (pcs) 4

Pro Step (grey-black)



With this sturdy fitness gym-level step board you train safely even the toughest workouts. You can train harder and improve your muscle condition. The floor blocks doesn't slip and rubber coated platform provides a safe surface to step on. Board height is easily adjustable to three different heights (15, 20 and 25cm). Available in black-red and black-grey colors.

Technical information

SKU 61054G

EAN 6430016907958

Size (cm) 97 x 36 x 25

Weight (kg) 8

Materials PP

Additional information

Note Adjustable height: 15 / 20 / 25cm

Includes Link to Online Training Video

Product package

Package (cm) 39 x 98 x 17

Package (kg) 8,5

Step Board



Step up to a total body workout at home with the Gymstick Aerobic Step Board. Target glutes and hamstrings with alternating lunges, strengthen chest and back muscles with adjustable position pushups and more. This is an ideal tool to help boost your workout routine and lose weight. This aerobic stepper features a secure, non-slip surface for your workout routine. The stepper is adjustable at two height levels: 10cm or 15cm. The non-skid feet provide stability and protect floors from getting damaged.

The Gymstick stepper accommodates users of all fitness levels to help build endurance, strength and improve overall fitness.

Product size is 28 x 68 x 10 or 15cm.

Technical information
SKU 61064
EAN 6430062513974
Size (cm) 68 x 28 x 15
Weight (kg) 2,8
Materials PP

Additional information
Max. User (kg) 100
Note Adjustable height: 10 / 15cm

Pro Step (red-black)



With this sturdy fitness gym-level step board you train safely even the toughest workouts. You can train harder and improve your muscle condition. The floor blocks doesn't slip and rubber coated platform provides a safe surface to step on. Board height is easily adjustable to three different heights (15, 20 and 25cm). Available in black-red and black-grey colors.

Technical information
SKU 61054
EAN 6430016902724
Size (cm) 97 x 36 x 25
Weight (kg) 8

Wholesale package
Wholesale package type Brown Carton Package (kg) 10,3

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 40 x 22 x 55,5

Additional information
Note Adjustable height: 15 / 20 / 25cm
Includes Link for Online training video

Product package
Package (cm) 39 x 98 x 17
Package (kg) 8,5

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