

Архангельск (8182)63-90-72
Астана (7172)727-132
Астрахань (8512)99-46-04
Барнаул (3852)73-04-60
Белгород (4722)40-23-64
Брянск (4832)59-03-52
Владивосток (423)249-28-31
Волгоград (844)278-03-48
Вологда (8172)26-41-59
Воронеж (473)204-51-73
Екатеринбург (343)384-55-89
Иваново (4932)77-34-06

Ижевск (3412)26-03-58
Иркутск (395)279-98-46
Казань (843)206-01-48
Калининград (4012)72-03-81
Калуга (4842)92-23-67
Кемерово (3842)65-04-62
Киров (8332)68-02-04
Краснодар (861)203-40-90
Красноярск (391)204-63-61
Курск (4712)77-13-04
Липецк (4742)52-20-81

Киргизия (996)312-96-26-47

Магнитогорск (3519)55-03-13
Москва (495)268-04-70
Мурманск (8152)59-64-93
Набережные Челны (8552)20-53-41
Нижний Новгород (831)429-08-12
Новокузнецк (3843)20-46-81
Новосибирск (383)227-86-73
Омск (3812)21-46-40
Орел (4862)44-53-42
Оренбург (3532)37-68-04
Пенза (8412)22-31-16

Россия (495)268-04-70

Пермь (342)205-81-47
Ростов-на-Дону (863)308-18-15
Рязань (4912)46-61-64
Самара (846)206-03-16
Санкт-Петербург (812)309-46-40
Саратов (845)249-38-78
Севастополь (8692)22-31-93
Симферополь (3652)67-13-56
Смоленск (4812)29-41-54
Сочи (862)225-72-31
Ставрополь (8652)20-65-13

Казахстан (772)734-952-31

Сургут (3462)77-98-35
Тверь (4822)63-31-35
Томск (3822)98-41-53
Тула (4872)74-02-29
Тюмень (3452)66-21-18
Ульяновск (8422)24-23-59
Уфа (347)229-48-12
Хабаровск (4212)92-98-04
Челябинск (351)202-03-61
Череповец (8202)49-02-64
Ярославль (4852)69-52-93

www.gymstick.nt-rt.ru | | gmy@nt-rt.ru

**Технические характеристики на
валики для бутылок,
вибрационные ролики,
ролики для активных тренировок
компании GYMSTICK**

Core Roller



Perfect for developing core stabilization, lower body balance and stamina. May also be used for gentle stretching and self-mobilization of joints and spine.
Available in two lengths 45cm and 90cm.

Core Roller 45cm

Technical information

SKU 61110-45

EAN 6430016904193

Size (cm) 45 x 15 x 15

Weight (kg) 0,21

Materials EVA

Additional information

Max. User (kg) 100

Includes Link to Online Training Video

Product package

Package (cm) 45,5 x 15 x 15

Package (kg) 0,25

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 47 x 31,5 x 47

Wholesale package (kg) 2,7

Wholesale package (pcs) 6

Core Roller 90cm

Technical information

SKU 61110-90

EAN 6430016904384

Size (cm) 90 x 15 x 15

Weight (kg) 0,42

Materials EVA

Additional information

Max. User (kg) 100

Includes Link to Online Training Video

Product package

Package (cm) 90,5 x 15 x 15

Package (kg) 0,5

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 47 x 31,5 x 93

Wholesale package (kg) 4,2

Wholesale package (pcs) 6

Active Compact Foam Roller 30cm, 60cm



Compact Foam roller takes care of soft tissue adhesions to restore flexibility and bring relief to muscular pain. May also be used for gentle stretching and self-mobilization of joints and spine. Color: Blue. Size: 30 x 10 cm. Color: Blue. Size: 60 x 15 cm.

Compact Foam Roller 30cm

Technical information

SKU 61110-45

EAN 6430016904193

Size (cm) 45 x 15 x 15

Weight (kg) 0,21

Materials EVA

Additional information

Max. User (kg) 100

Includes Link to Online Training Video

Product package

Package (cm) 45,5 x 15 x 15

Package (kg) 0,25

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 47 x 31,5 x 47

Wholesale package (kg) 2,7

Wholesale package (pcs) 6

Compact Foam Roller 60cm

Technical information

SKU 72024

EAN 6430062511307

Size (cm) 60 x 14,5 x 14,5

Weight (kg) 0,33

Materials EVA

Additional information

Includes Link for Online training

Product package

Package (cm) 15 x 60 x 15

Package (kg) 0,35

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 31 x 31 x 62

Wholesale package (kg) 1,8

Wholesale package (pcs) 4

Active Workout Roller



Active Workout Roller helps you to tone abs, arms, shoulders and back. Two easy-glide wheels and ergonomic handles to make training efficient. This compact size portable exercise equipment is easy to use anywhere. Includes: Workout instructions and link for Online training.

Technical information

SKU 72012

EAN 6430062511154

Size (cm) 25,5 x 10,5 x 10,5

Weight (kg) 0,39

Materials PP, PVC, Steel and NBR

Additional information

Includes Workout instructions and link for Online training

Product package

Package (cm) 4 x 14 x 26

Package (kg) 0,45

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 26,5 x 15 x 27,5

Wholesale package (kg) 3,1

Wholesale package (pcs) 6

Foam Roller - 30cm & 60cm



Foam Roller takes care of soft tissue adhesions to restore flexibility and bring relief to muscular pain. May also be used for gentle stretching and self-mobilization of joints and spine.

- Available in two sizes: 15 x 30cm and 15 x 60cm.
- Material EVA.

Foam Roller 30cm

Technical information
SKU 61190-30
EAN 6430062513844
Size (cm) 15 x 30 x 15
Weight (kg) 0,25
Materials EVA

Foam Roller 60cm

Technical information
SKU 61190-60
EAN 6430062513851
Size (cm) 15 x 60 x 15
Weight (kg) 0,46
Materials EVA

Fascia Roller



Unlike conventional rollers Fascia Roller is full of bumps which are meant to improve blood flow and tissue flexibility in a more effective way. Fascia Roller takes care of soft tissue adhesions to restore flexibility and bring relief to muscular pain. Compact size allows easy carry and storage.

Technical information
SKU 61165
EAN 6430016907484
Size (cm) 13 x 32 x 13
Weight (kg) 0,42
Materials EVA

Additional information
Includes Exercise chart and Link for Online training video

Product package
Package (cm) 38,8 x 13,7 x 13,5
Package (kg) 0,53

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 56 x 42 x 38
Wholesale package (kg) 7,4
Wholesale package (pcs) 12

Tratac Vibration Roller



Tratac Vibration Roller is a next generation foam roller. It is a super-versatile piece of equipment that offers many of the same benefits as a sports massage and can be used in the gym, the home or rehabilitation clinic to improve mobility, stabilization and core muscle strength.

Tratac Vibration Roller has four different vibration levels from 2,000RPM to 3,700RPM. You will find the most comfortable and suitable vibration for your body. The third level has a rhythmical pattern. Waved pattern provides deep tissue massage and adequate pain relief.

4 different vibrating options (1300 - 3700 RPM)
Rechargeable lithium batteries (2200mAh / 7.4Vdc)
10 minute auto-off
Color: Black
Material: EPP (eco-friendly)
Size and weight: 15 x 45cm (6"x18") / 885g (1.98lb)

Technical information

SKU 61159
EAN 6430062510270
Size (cm) 44,5 x 15 x 15
Weight (kg) 0,89
Materials EPP

Product package

Package (cm) 51 x 15,3 x 15,3
Package (kg) 1,4

Wholesale package

Wholesale package type Brown Carton
Wholesale package (cm) 52,5 x 48,3 x 33
Wholesale package (kg) 10,5
Wholesale package (pcs) 6

Spike Roller



Spike Roller is an innovative new type of roller which combines the benefits of regular rolling exercises with the benefits of acupuncture. The 10,000 specially shaped spikes makes rolling effective, providing a completely new feeling. Spike Roller is suitable for muscle and muscle treatment as well as for local acupressure massage. It is especially suitable for relieving and relaxing the sore muscles in the back and shoulder areas after the workday.

Use after sports for quicker recovery and to maintain better mobility. Even a 15 to 30 minute daily use releases plenty of endorphins and oxytocin into the body.

Material: cotton, eva and abs.

Size: 15 x 30 x 15 cm.

Technical information

SKU 63080

EAN 6430016906180

Size (cm) 15 x 30 x 15cm

Weight (kg) 0,29

Materials Cotton, EVA & ABS

Product package

Package (cm) 17 x 32 x 17

Package (kg) 0.33

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 53 x 36 x 34

Wholesale package (pcs)

Trigger Roller - 33cm & 60cm



The GymstickTrigger Roller is ideal for massaging and treating muscles and muscles (fascia). The roller is well suited for foot massage: back, inner and outer thighs, legs and calves, and back stretching and mobility exercises.

Available in two sizes: 14 x 33cm and 14 x 61cm
Material EVA.

Trigger Roller 33cm

Technical information
SKU 61112-33
EAN 6430062513479
Size (cm) 33 x 14 x 14
Weight (kg) 0,9
Materials EVA and PVC

Trigger Roller 60cm

Technical information
SKU 61112-60
EAN 6430062513875
Size (cm) 60 x 14 x 14
Weight (kg) 1,6
Materials EVA and PVC

Active Barrel Roller 33cm, Blue/ Active Barrel Roller 33cm, Black



Active Barrel Roller is perfect for developing core stabilization, lower body balance and stamina. Roller is suitable for myofascial treatments for better mobility and muscle condition. With Barrel roller you take care of your muscles, joints and spine in an easy and effective way.

Includes: Barrel Roller (14 x 33cm) and a link for Online training.

Technical information

SKU 72025-BLU/ 72025-BLA

EAN 6430062511314

Size (cm) 32,5 x 13 x 13

Weight (kg) 0,77

Materials EVA and PVC

Additional information

Includes Link for Online training

Product package

Package (cm) 14 x 33 x 14

Package (kg) 0,79

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 64 x 26 x 35

Wholesale package (kg) 8,2

Wholesale package (pcs) 10

Active Mini Barrel Roller 15cm



The Mini Barrel Roller is perfect for relieving tight muscles. Can be used both before and after exercise, the roller is very portable and simple to use. Color: Blue. Size: 15 x 6,7 cm.

Active Half Barrel Roller 13cm



Half Barrel Roller takes care of soft tissue adhesions to restore flexibility and bring relief to muscular pain. May also be used for gentle stretching and self-mobilization of joints and spine. Color: Blue. Size: 12,5 x 13 cm.

Bottle Roller



Архангельск (8182)63-90-72
Астана (7172)727-132
Астрахань (8512)99-46-04
Барнаул (3852)73-04-60
Белгород (4722)40-23-64
Брянск (4832)59-03-52
Владивосток (423)249-28-31
Волгоград (844)278-03-48
Вологда (8172)26-41-59
Воронеж (473)204-51-73
Екатеринбург (343)384-55-89
Иваново (4932)77-34-06

Ижевск (3412)26-03-58
Иркутск (395)279-98-46
Казань (843)206-01-48
Калининград (4012)72-03-81
Калуга (4842)92-23-67
Кемерово (3842)65-04-62
Киров (8332)68-02-04
Краснодар (861)203-40-90
Красноярск (391)204-63-61
Курск (4712)77-13-04
Липецк (4742)52-20-81

Киргизия (996)312-96-26-47

Магнитогорск (3519)55-03-13
Москва (495)268-04-70
Мурманск (8152)59-64-93
Набережные Челны (8552)20-53-41
Нижний Новгород (831)429-08-12
Новокузнецк (3843)20-46-81
Новосибирск (383)227-86-73
Омск (3812)21-46-40
Орел (4862)44-53-42
Оренбург (3532)37-68-04
Пенза (8412)22-31-16

Россия (495)268-04-70

Пермь (342)205-81-47
Ростов-на-Дону (863)308-18-15
Рязань (4912)46-61-64
Самара (846)206-03-16
Санкт-Петербург (812)309-46-40
Саратов (845)249-38-78
Севастополь (8692)22-31-93
Симферополь (3652)67-13-56
Смоленск (4812)29-41-54
Сочи (862)225-72-31
Ставрополь (8652)20-65-13

Казахстан (772)734-952-31

Сургут (3462)77-98-35
Тверь (4822)63-31-35
Томск (3822)98-41-53
Тула (4872)74-02-29
Тюмень (3452)66-21-18
Ульяновск (8422)24-23-59
Уфа (347)229-48-12
Хабаровск (4212)92-98-04
Челябинск (351)202-03-61
Череповец (8202)49-02-64
Ярославль (4852)69-52-93

www.gymstick.nt-rt.ru | | gmy@nt-rt.ru