

Архангельск (8182)63-90-72
Астана (7172)727-132
Астрахань (8512)99-46-04
Барнаул (3852)73-04-60
Белгород (4722)40-23-64
Брянск (4832)59-03-52
Владивосток (423)249-28-31
Волгоград (844)278-03-48
Вологда (8172)26-41-59
Воронеж (473)204-51-73
Екатеринбург (343)384-55-89
Иваново (4932)77-34-06

Ижевск (3412)26-03-58
Иркутск (395)279-98-46
Казань (843)206-01-48
Калининград (4012)72-03-81
Калуга (4842)92-23-67
Кемерово (3842)65-04-62
Киров (8332)68-02-04
Краснодар (861)203-40-90
Красноярск (391)204-63-61
Курск (4712)77-13-04
Липецк (4742)52-20-81

Киргизия (996)312-96-26-47

Магнитогорск (3519)55-03-13
Москва (495)268-04-70
Мурманск (8152)59-64-93
Набережные Челны (8552)20-53-41
Нижний Новгород (831)429-08-12
Новокузнецк (3843)20-46-81
Новосибирск (383)227-86-73
Омск (3812)21-46-40
Орел (4862)44-53-42
Оренбург (3532)37-68-04
Пенза (8412)22-31-16

Россия (495)268-04-70

Пермь (342)205-81-47
Ростов-на-Дону (863)308-18-15
Рязань (4912)46-61-64
Самара (846)206-03-16
Санкт-Петербург (812)309-46-40
Саратов (845)249-38-78
Севастополь (8692)22-31-93
Симферополь (3652)67-13-56
Смоленск (4812)29-41-54
Сочи (862)225-72-31
Ставрополь (8652)20-65-13

Казахстан (772)734-952-31

Сургут (3462)77-98-35
Тверь (4822)63-31-35
Томск (3822)98-41-53
Тула (4872)74-02-29
Тюмень (3452)66-21-18
Ульяновск (8422)24-23-59
Уфа (347)229-48-12
Хабаровск (4212)92-98-04
Челябинск (351)202-03-61
Череповец (8202)49-02-64
Ярославль (4852)69-52-93

www.gymstick.nt-rt.ru | | gmy@nt-rt.ru

Технические характеристики на эластичные ленты компании **GYMSTICK**

ленты для упражнений, браслеты Pro, ленты для силовых упражнений (силовые ленты) Power Band и Active Power Band, мини-ленты Mini Bands, наборы Active Mini Bands Set, наборы для активных тренировок Active Workout Band

Available in 3 different stiffness: Light (apricot), Medium (spring green) and Strong (lavender).

Wholesale package (pcs) 500

Medicine Ball



Medicine ball is effective in developing speed, dynamic core strength, and explosive power. Medicine Ball training can also be used to enhance eye- hand coordination, flexibility and balance and is also suitable for rehabilitation.

Available in 1kg, 2kg, 3kg, 4kg, 5kg and 8kg.

Medicine Ball 1kg

Technical information
SKU 61045-1
EAN 6430016903011
Size (cm) 19 x 19 x 19
Weight (kg) 1
Materials Rubber

Additional information
Includes Link to Online Training Video

Product package
Package (cm) 19 x 19 x 19,5
Package (kg) 1,15

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 42 x 42 x 24
Wholesale package (kg) 4,7
Wholesale package (pcs) 4

Medicine Ball 2kg

Technical information
SKU 61045-2
EAN 6430062510577
Size (cm) 19 x 19 x 19
Weight (kg) 2
Materials Rubber

Additional information
Includes Link to Online Training Video

Product package
Package (cm) 19 x 19 x 19,5
Package (kg) 2,2

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 42 x 42 x 24
Wholesale package (kg) 8,7
Wholesale package (pcs) 4

Medicine Ball 3kg

Technical information
SKU 61045-3
EAN 6430016903028
Size (cm) 21,6 x 21,6 x 21,6
Weight (kg) 3
Materials Rubber

Additional information
Includes Link to Online Training Video

Product package
Package (cm) 21,5 x 21,5 x 22
Package (kg) 3,2

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 50 x 50 x 28
Wholesale package (kg) 12,8
Wholesale package (pcs) 4

Medicine Ball 5kg

Technical information
SKU 61045-5
EAN 6430016903035
Size (cm) 24,1 x 24,1 x 24,1
Weight (kg) 5
Materials Rubber

Additional information
Includes Link to Online Training Video

Product package
Package (cm) 23 x 23 x 23
Package (kg) 5,4

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 50 x 26 x 28
Wholesale package (kg) 10,6
Wholesale package (pcs) 2

Medicine Ball 8kg

Technical information
SKU 61045-8
EAN 6430016903042
Size (cm) 28,6 x 28,6 x 28,6
Weight (kg) 8
Materials Rubber

Additional information
Includes Link to Online Training Video

Product package
Package (cm) 28 x 29 x 28
Package (kg) 8,4

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 60 x 31 x 31
Wholesale package (kg) 17
Wholesale package (pcs) 2

Medicine Ball 4kg

Technical information
SKU 61045-4
EAN 6430062510584
Size (cm) 21,6 x 21,6 x 21,6
Weight (kg) 4
Materials Rubber

Additional information
Includes Link to Online Training Video

Product package
Package (cm) 21,5 x 21,5 x 22
Package (kg) 4,3

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 50 x 50 x 28
Wholesale package (kg) 16,8
Wholesale package (pcs) 4

Power Band



Gymstick Power Bands are a closed-loop resistance band. They are much stronger and durable than other commonly used resistance bands. Power bands can be used for strength and power training, speed and agility training, jumping and plyometric exercises, flexibility and joint mobility. Each Power Band is a 104cm loop (band total length 208cm) and it can be safely stretched 250% from their original length.

Available in five different resistance levels.

Power Band, Light (red)

Technical information

SKU 61111-1

EAN 6430016905695

Size (cm) 1,27 x 104 x 0,45

Weight (kg) 0,105

Materials Latex

Additional information

Note Max pull force 15kg

Includes Exercise sheet and Link to Online Training Video

Product package

Package (cm) 34 x 14 x 1,5

Package (kg) 0,13

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 39 x 34 x 32

Wholesale package (kg) 14

Wholesale package (pcs) 100

Power Band, Medium (black)

Technical information

SKU 61111-2

EAN 6430016905749

Size (cm) 2,86 x 104 x 0,45

Weight (kg) 0,265

Materials Latex

Additional information

Note Max pull force 30kg

Includes Exercise sheet and Link to Online Training Video

Product package

Package (cm) 34 x 14 x 3

Package (kg) 0,29

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 39 x 33 x 32

Wholesale package (kg) 13,9

Wholesale package (pcs) 50

Power Band, Extra Light (blue)

Technical information

SKU 61111-0

EAN 6430062511697

Size (cm) 0,64 x 104 x 0,45

Weight (kg) 0,05

Materials Latex

Additional information

Note Max pull force 7,5kg

Includes Exercise sheet and Link to Online Training Video

Product package

Package (cm) 34 x 14 x 2,5

Package (kg) 0,1

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 39,5

x 33,5 x 33,5

Wholesale package (kg) 10,2

Wholesale package (pcs) 125

Power Band, Strong (purple)

Technical information

SKU 61111-3

EAN 6430016905756

Size (cm) 4,45 x 104 x 0,45

Weight (kg) 0,375

Materials Latex

Additional information

Note Max pull force 60kg

Includes Exercise sheet and Link to Online Training Video

Product package

Package (cm) 34 x 14 x 5

Package (kg) 0,4

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 40 x 34 x 32

Wholesale package (kg) 18,2

Wholesale package (pcs) 40

Power Band, Extra Strong (green)

Technical information

SKU 61111-4

EAN 6430016905763

Size (cm) 6,35 x 104 x 0,45

Weight (kg) 0,516

Materials Latex

Additional information

Note Max pull force 100kg

Includes Exercise sheet and Link to Online Training Video

Product package

Package (cm) 34 x 14 x 6,5

Package (kg) 0,54

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 40 x 33 x 30

Wholesale package (kg) 15,4

Wholesale package (pcs) 25

Pro Exercise Band 2,5m



Gymstick Pro Low Powder and Low Protein Exercise Band are to avoid the dissatisfaction with the messiness of the conventional powdery bands and also to get rid of the concerns for latex allergy (Note: powder is used to prevent the tackiness of the latex). To get rid of these concerns, Gymstick Exercise Band are low in powder and low in protein, thereby improving the user's comfort and also avoiding the concern for latex allergy. The protein allergy problem is solved by two steps: first of all, Gymstick Exercise Band is treated to remove most of the proteins content in latex. Secondly, Gymstick Exercise Band is washed to remove the excessive powder on the band, thereby reducing the possibility of the powder acting as a transporting agent of proteins into the skin of users when contact.

Available in 6 different resistances:

Pro Exercise Band 2,5m - Extra Light (apricot)

Technical information
SKU 61096-1
EAN 6430016903615
Size (cm) 2,5m x 15cm x 0,15mm
Weight (kg) 0,055
Materials Latex

Additional information
Note Pull force 1,3kg (100% stretch) / 2,5kg 300% (maximum)
Includes Exercise sheet

Product package
Package (cm) 15 x 19 x 0,4
Package (kg) 0,065

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 15,5 x 17,5 x 22
Wholesale package (kg) 1,4
Wholesale package (pcs) 20
2. Wholesale package (cm) 35,7 x 32,2 x 24
2. Wholesale package (kg) 6,4

Pro Exercise Band 2,5m - Light (spring green)

Technical information
SKU 61096-2
EAN 6430016903622
Size (cm) 2,5m x 15cm x 0,20mm
Weight (kg) 0,071
Materials Latex

Additional information
Note Pull force 2,1kg (100% stretch) / 3,7kg 300% (maximum)
Includes Exercise sheet

Product package
Package (cm) 15 x 19 x 0,5
Package (kg) 0,081

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 15,5 x 17,5 x 23
Wholesale package (kg) 1,7
Wholesale package (pcs) 20
2. Wholesale package (cm) 35,7 x 32,2 x 24
2. Wholesale package (kg) 7,3

Pro Exercise Band 2,5m - Medium (lavender)

Technical information
SKU 61096-3
EAN 6430016903639
Size (cm) 2,5m x 15cm x 0,25mm
Weight (kg) 0,09
Materials Latex

Additional information
Note Pull force 2,6kg (100% stretch) / 4,5kg 300% (maximum)
Includes Exercise sheet

Product package
Package (cm) 15 x 19 x 0,6
Package (kg) 0,1

Wholesale package
Wholesale package type Brown Carton
Wholesale package (cm) 15,5 x 17,5 x 24
Wholesale package (kg) 2
Wholesale package (pcs) 20
2. Wholesale package (cm) 35,7 x 32,2 x 24
2. Wholesale package (kg) 8,6

Pro Exercise Band 2,5m - Heavy (brown)

Technical information

SKU 61096-4

EAN 6430016903646

Size (cm) 2,5m x 15cm x 0,30mm

Weight (kg) 0,1

Materials Latex

Additional information

Note Pull force 3,2kg (100% stretch) / 5,5kg 300% (maximum)

Includes Exercise sheet

Product package

Package (cm) 15 x 19 x 0,7

Package (kg) 0,11

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 15,5 x 17,5 x 25

Wholesale package (kg) 2,3

Wholesale package (pcs) 20

2. Wholesale package (cm) 35,7 x 32,2 x 24

2. Wholesale package (kg) 9,6

Pro Exercise Band 2,5m - Super Heavy (purple)

Technical information

SKU 61096-6

EAN 6430016903660

Size (cm) 2,5m x 15cm x 0,45mm

Weight (kg) 0,15

Materials Latex

Additional information

Note Pull force 4,8kg (100% stretch) / 8,3kg 300% (maximum)

Includes Exercise sheet

Product package

Package (cm) 15 x 19 x 0,9

Package (kg) 0,16

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 15,5 x 17,5 x 27

Wholesale package (kg) 3,3

Wholesale package (pcs) 20

2. Wholesale package (cm) 35,7 x 32,2 x 24

2. Wholesale package (kg) 13,7

Pro Exercise Band 2,5m - Extra Heavy (sea green)

Technical information

SKU 61096-5

EAN 6430016903653

Size (cm) 2,5m x 15cm x 0,40mm

Weight (kg) 0,13

Materials Latex

Additional information

Note Pull force 4,2kg (100% stretch) / 7,7kg 300% (maximum)

Includes Exercise sheet

Product package

Package (cm) 15 x 19 x 0,8

Package (kg) 0,14

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 15,5 x 17,5 x 26

Wholesale package (kg) 3

Wholesale package (pcs) 20

2. Wholesale package (cm) 35,7 x 32,2 x 24

2. Wholesale package (kg) 12,9

Pro Exercise Band 45,7m



Gymstick Pro Low Powder and Low Protein Exercise Band are to avoid the dissatisfaction with the messiness of the conventional powdery bands and also to get rid of the concerns for latex allergy (Note: powder is used to prevent the tackiness of the latex). To get rid of these concerns, Gymstick Exercise Band are low in powder and low in protein, thereby improving the user's comfort and also avoiding the concern for latex allergy. The protein allergy problem is solved by two steps: first of all, Gymstick Exercise Band is treated to remove most of the proteins content in latex. Secondly, Gymstick Exercise Band is washed to remove the excessive powder on the band, thereby reducing the possibility of the powder acting as a transporting agent of proteins into the skin of users when contact.

Available in 6 different resistances.

Pro Exercise Band 45,7m - Light

Technical information

SKU 61095-2

EAN 6430016903561

Size (cm) 46m x 15cm x 0,20mm

Weight (kg) 1,25

Materials Latex

Product package

Package (cm) 13,5 x 13,5 x 17

Package (kg) 1,37

Wholesale package

Wholesale package type Brown
Carton

Wholesale package (cm) 42,5 x 35,6
x 15,5

Wholesale package (kg) 9,3

Wholesale package (pcs) 6

Pro Exercise Band 45,7m - Extra Light

Technical information

SKU 61095-1

EAN 6430016903554

Size (cm) 46m x 15cm x 0,15mm

Weight (kg) 1,01

Materials Latex

Product package

Package (cm) 13,5 x 13,5 x 17

Package (kg) 1,13

Wholesale package

Wholesale package type Brown
Carton

Wholesale package (cm) 42,5 x 35,6
x 15,5

Wholesale package (kg) 7,5

Wholesale package (pcs) 6

Pro Exercise Band 45,7m - Medium

Technical information

SKU 61095-3

EAN 6430016903578

Size (cm) 46m x 15cm x 0,25mm

Weight (kg) 1,7

Materials Latex

Product package

Package (cm) 13,5 x 13,5 x 17

Package (kg) 1,82

Wholesale package

Wholesale package type Brown
Carton

Wholesale package (cm) 42,5 x
35,6 x 15,5

Wholesale package (kg) 11,2

Wholesale package (pcs) 6

Pro Exercise Band 45,7m - Heavy

Technical information

SKU 61095-4

EAN 6430016903585

Size (cm) 46m x 15cm x 0,30mm

Weight (kg) 2,18

Materials Latex

Product package

Package (cm) 17,5 x 17,5 x 17,5

Package (kg) 2,35

Wholesale package

Wholesale package type Brown
Carton

Wholesale package (cm) 55 x 36,5 x
19,5

Wholesale package (kg) 14,4

Wholesale package (pcs) 6

Pro Exercise Band 45,7m - Extra Heavy

Technical information

SKU 61095-5

EAN 6430016903592

Size (cm) 46m x 15cm x 0,40mm

Weight (kg) 2,57

Materials Latex

Product package

Package (cm) 17,5 x 17,5 x 17,5

Package (kg) 2,74

Wholesale package

Wholesale package type Brown
Carton

Wholesale package (cm) 55 x 36,5 x
19,5

Wholesale package (kg) 17,4

Wholesale package (pcs) 6

Pro Exercise Band 45,7m - Super Heavy

Technical information

SKU 61095-6

EAN 6430016903608

Size (cm) 46m x 15cm x 0,45mm

Weight (kg) 2,98

Materials Latex

Product package

Package (cm) 17,5 x 17,5 x 17,5

Package (kg) 3,15

Wholesale package

Wholesale package type Brown
Carton

Wholesale package (cm) 55 x
36,5 x 19,5

Wholesale package (kg) 18,3

Wholesale package (pcs) 6

Exercise Bands



In the same package three different strengths of resistance band. Exercise bands are versatile tool in toning and shaping the whole body. These bands are ideal for warming-up and for muscle condition exercises. You can do exercises to develop upper, middle and lower body muscles. Exercise bands strain joints just a little so it suits for a beginner as well as for advanced exercisers. The advantage of its small size is that you can take it along where ever you go.

Technical information

SKU 62021

EAN 6430016901567

Size (cm) 120 x 15 x 0,1

Weight (kg) 0,3

Materials TPR

Additional information

Note Measure for one pc. Pull force: Light 2,5kg (100% stretch) / 5kg 300% (max), Medium 4,0kg (100% stretch) / 8,5kg 300% (max) ja Strong 5,5kg (100% stretch) / 12kg 300% (max)

Includes Exercise chart and Link for Online training video

Product package

Package (cm) 17 x 21,5 x 5

Package (kg) 0,37

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 65 x 29 x 38

Wholesale package (kg) 15,1

Wholesale package (pcs) 48

Active Workout Band Set 3pcs



Tones and shapes the whole body. Ideal for warming-up and musclecondition exercises. Includes: 3 pcs durable resistance bands, exercise chart and link for Online training.

Technical information

SKU 72010

EAN 6430062511130

Size (cm) 120 x 15 x 0,1

Weight (kg) 0,3

Materials TPR

Additional information

Note Thickness: light 0,35mm / medium

0,50mm / strong 0,65mm

Includes Exercise chart and link for Online training

Product package

Package (cm) 5 x 17 x 21,5

Package (kg) 0,37

Wholesale package

Wholesale package type Brown Carton

Wholesale package (cm) 20 x 14 x 26

Wholesale package (kg) 1

Wholesale package (pcs) 6

Active Mini Bands Set 2pcs



Mini Bands are compact closed- loop elastic rubber bands, which are used especially in warm-up, activation drills and rehabilitation in the gym or at home. Mini Bands offer new training methods for different step exercises, leg extensions, shoulder stabilization and for clute activation exercises. Combining Mini Bands to other muscle training you can activate and develop the abdominal muscles effectively. Includes 2 different stiffness: Medium (blue) and Strong (black).

Technical information

SKU 72011

EAN 6430062511147

Size (cm) 25 x 5 x 0,15

Weight (kg) 0,12

Materials Latex

Additional information

Note Thickness: medium 0,15cm / strong 0,2cm

Product package

Package (cm) 0,3 x 7 x 31,5

Package (kg) 0,05

Wholesale package

Wholesale package type Polybag

Wholesale package (cm) 2 x 8 x 32,5

Wholesale package (kg) 0,4

Wholesale package (pcs) 6

Active Power Band



Архангельск (8182)63-90-72
Астана (7172)727-132
Астрахань (8512)99-46-04
Барнаул (3852)73-04-60
Белгород (4722)40-23-64
Брянск (4832)59-03-52
Владивосток (423)249-28-31
Волгоград (844)278-03-48
Вологда (8172)26-41-59
Воронеж (473)204-51-73
Екатеринбург (343)384-55-89
Иваново (4932)77-34-06

Ижевск (3412)26-03-58
Иркутск (395)279-98-46
Казань (843)206-01-48
Калининград (4012)72-03-81
Калуга (4842)92-23-67
Кемерово (3842)65-04-62
Киров (8332)68-02-04
Краснодар (861)203-40-90
Красноярск (391)204-63-61
Курск (4712)77-13-04
Липецк (4742)52-20-81

Киргизия (996)312-96-26-47

Магнитогорск (3519)55-03-13
Москва (495)268-04-70
Мурманск (8152)59-64-93
Набережные Челны (8552)20-53-41
Нижний Новгород (831)429-08-12
Новокузнецк (3843)20-46-81
Новосибирск (383)227-86-73
Омск (3812)21-46-40
Орел (4862)44-53-42
Оренбург (3532)37-68-04
Пенза (8412)22-31-16

Россия (495)268-04-70

Пермь (342)205-81-47
Ростов-на-Дону (863)308-18-15
Рязань (4912)46-61-64
Самара (846)206-03-16
Санкт-Петербург (812)309-46-40
Саратов (845)249-38-78
Севастополь (8692)22-31-93
Симферополь (3652)67-13-56
Смоленск (4812)29-41-54
Сочи (862)225-72-31
Ставрополь (8652)20-65-13

Казахстан (772)734-952-31

Сургут (3462)77-98-35
Тверь (4822)63-31-35
Томск (3822)98-41-53
Тула (4872)74-02-29
Тюмень (3452)66-21-18
Ульяновск (8422)24-23-59
Уфа (347)229-48-12
Хабаровск (4212)92-98-04
Челябинск (351)202-03-61
Череповец (8202)49-02-64
Ярославль (4852)69-52-93